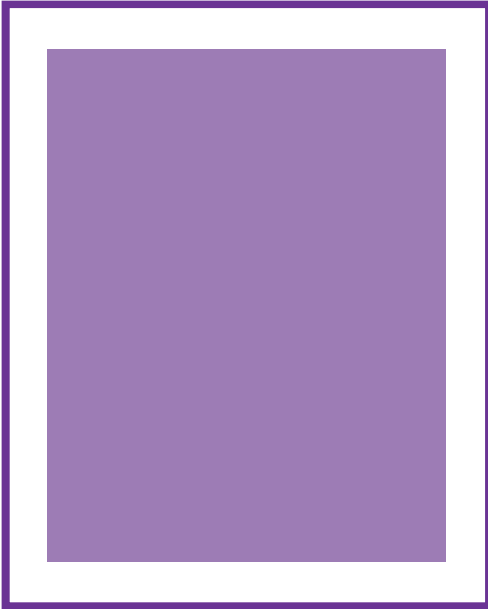
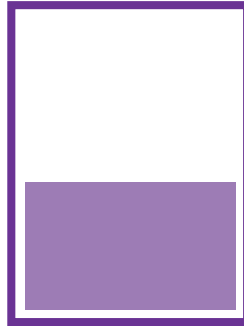


# Advert Sizes



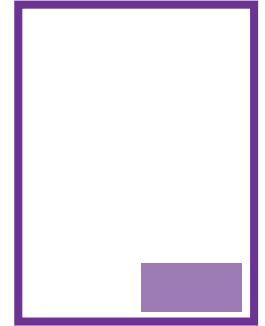
Full Page 195mm x 133mm  
Full Page with bleed 210mm x 148mm\*  
Double Page Spread 297mm x 210mm\*  
Front Page 176mm x 148 mm\*  
\*Add 3mm bleed to all sides



Half Horizontal  
95mm x 133mm



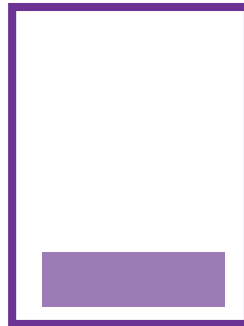
Half Vertical  
195mm x 64mm



Eighth Page  
45mm x 64mm



Quarter Vertical  
95mm x 64mm



Quarter Horizontal  
45mm x 133mm

All dimensions  
height x width